

MO DEPT OF MENTAL HEALTH-COMPREHENSIVE PSYCHIATRIC SERVICES-STATE ADVISORY COUNCIL (CPS SAC)
MEETING MINUTES-April 23, 2015

Members Present: Daniel Cayou; Stewart Chase, Sarah Earll, Stacey Gilkey; Scott Giovanetti, Liz Hagar-Mace, John Harper, Mary Horn, Mickie McDowell, Denise Mills, Linda Myers, Barb Scheidegger, Susan Scott, Tish Thomas, Mindy Ulstad

Members Absent: Bruce Charles, Heather Cushing, Andrew Greening, Robert Hawkins, Jessica Johnson, Toni Jordan, Eric Martin, Rene Murph, Scott O'Kelley, Jerome Riley

DMH Staff: Mark Stringer, Kate Bazin, Nora Bock, Connie Cahalan, Brooke Dawson, Bianca Farr, Dr. Rick Gowdy, Tim Rudder, Vicki Schollmeyer, Melissa Smyser, Angie Stuckenschneider, Sarah Suerig, Faith Wemhoff, Kate Wieberg

DBH SAC Staff & Guests: Rosie Anderson-Harper, Lisa Reynolds

| TOPIC/ISSUE | DISCUSSION | ACTION/PENDING Responsible Due Date |
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| <p>Call To Order</p> <p>Division Director Update/ Discussion</p> | <p>Mickie McDowell called the meeting to order with self-introductions.</p> <p>Mark Stringer, Division Director DBH continues to work on the Excellence in Mental Health Act proposal. SAMHSA published draft criteria for the states. Missouri submitted comments on the draft criteria. All submitted comments were approved by Mark Stringer, Brent McGinty & Dr. Joe Parks. Recommendations submitted were accepted by SAMHSA. Planning grant awardees will be notified by the end of 2015.</p> <ul style="list-style-type: none"> The Missouri Vocational Rehabilitation Springfield North District Office and Alternative Opportunities (AO), a community service provider, have won the <i>National 2015 Achievement Award</i> from the Johnson & Johnson Dartmouth Individual Placement and Support (IPS) Learning Community. The award recognizes the two agencies' collaborative use of evidence-based practice to improve employment outcomes for adults with co-occurring mental illness and substance use disorders. With support from DMH, Alternative Opportunities was the first Comprehensive Substance Treatment and Rehabilitation (CSTAR) program in Missouri to implement IPS placement services. AO was recognized for showing the most "significant improvement" in the number of people who receive high quality IPS supported employment services and find work in competitive jobs. Participants in the program are women receiving mental health and addiction services through the assistance of Medicaid or drug court, or both. The Department Director position will be filled around the first part of June. The hiring committee has asked for representation from the CPS & ADA SAC's to sit in on the | |

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| Budget Update | <p>interviews.</p> <ul style="list-style-type: none"> Mark Stringer and Mary Horn announced the passing of DMH employee Larry Wheatley. A memorial services and dedication service was held for him. <p>Budget Funding Approved</p> <ul style="list-style-type: none"> 3% Provider rate increase All mandatory items <p>Funding Reductions or Not approved</p> <ul style="list-style-type: none"> Funding reductions include a 4% cut in administration Funding was not approved for: <ul style="list-style-type: none"> Pilot project for individuals with very complicated developmental disabilities and mental illness Social Services Children's initiative for children being taken out of the home and put into foster care and Expansion project for offenders coming out of correction facilities with substance use disorders. The Department of Social Services programs received a 6% budget cut which will affect individuals served by DMH. | |
| Grant Updates | <p>Rosie Anderson-Harper, Director of Recovery Services</p> <ul style="list-style-type: none"> Access To Recovery 4 Grant-Waiting to hear if DMH is awarded ECHO Grant for Chronic Homelessness -Liz will present on later in the meeting PATH Grant - Brooke will present on later in the meeting Enhancing Access to Medication Assisted Treatment for the Treatment of Opioid Use Disorders Grant – the project will expand access to integrated treatment for individuals with opioid use disorders in urban and suburban St. Louis (Service Area SL) and eight rural counties in Southeast Missouri (Service Area 17). These areas had the highest rates of opioid treatment admissions in the state in fiscal year 2014. | |
| Site visit from SAMHSA | <p>There will be eight individuals from SAMHSA here on June 22 - 26 reviewing DBH for the Block Grant. They will have a representative at the June meeting as part of the review.</p> | |
| CPS/ADA SAC Councils Integration | <p>Mark spoke about the integration of the CPS & ADA SAC councils. This is not a process that has to be accomplished immediately, but does need to be explored. Years ago the divisions were very different. A lot has occurred to become one integrated Division of Behavioral</p> | |

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| Core Competencies for Peer Workers | <p>Rosie passed out a handout for the SAMHSA Core Competencies for Peer Workers and asked for comments from the Council members.</p> <ul style="list-style-type: none"> • In general the core competencies made sense and were a good fit for the expectations in Missouri. There were some concerns about the language in the core competencies being too detailed. • Denise suggested adding growth & development trainings; have Peer Specialists attend professional trainings, evidence based practice trainings, Motivational Interventions trainings, SOAR trainings, etc. When they attend these trainings they feel they are on an equal level. These are skills they can apply to their work as Peers. SOAR trainings are available online at: www.soarworks.prainc.com | |
| Feedback from Consumers and Families | <p>Mark would like ideas on ways to get consistent and continual feedback from consumers and families. "What else can I do to receive meaningful contact?" Some suggestions are:</p> <ul style="list-style-type: none"> • Continue to participate in SAC meetings • Peer Specialist Contacts; There are monthly conference calls for Peer Specialist in different areas which could be a source for feedback • • Unannounced visits to Treatment Providers and talk with consumers "Secret Shopper" • Real Voices Real Choices conference to get input from consumers • NAMI • Tweeting/Social Media • Certification Surveys; useful information was gathered in the past from consumer/family monitor interviews with peers • Support a Peer Network • Consumer Satisfaction Surveys. <p>These ideas will be presented to Mark.</p> | |
| Approval of Minutes | <p>Motion was made to approve minutes as corrected by Sarah Earll, seconded by Denise Mills. The December 3, 2014 Meeting Minutes were approved.</p> | |
| New Business | <p>Rosie spoke about the Mental Health Commission Meeting presentations that the SAC councils have been asked to conduct 3 times per year. What Commissioners are looking for is the Consumer/Family voice. What information do you want the Commission to know?</p> <ul style="list-style-type: none"> • Sarah Earll will give the update to the Commission in July. <ul style="list-style-type: none"> • SAC integration | |

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| <p>Representative for committee on the hiring of Department Director</p> <p>Member Reports</p> | <ul style="list-style-type: none"> • Ways to get more consumer voice • COSP programs – fidelity review interviews – needs and successes • Personal Stories of Success <p>Discussion was held and it decided that Mickie McDowell should be the representative for the CPS SAC. Ideas on what to look for in a new Department Director are:</p> <ul style="list-style-type: none"> • Person Centered • Recovery/Resiliency in the Community-True Belief • Good Listener, Good Advocate, Passion, Vision, Consumer/Person Focused • Well rounded for all divisions • Missouri laws, budget process, position on Medicaid expansion <p>Liz Hagar-Mace</p> <ul style="list-style-type: none"> • Completed grant-Rosie commented on how devoted Liz was to the grant and did an excellent job on writing it. <p>Stewart Chase</p> <ul style="list-style-type: none"> • Rediscover-open house on CSTAR program. • Moving Substance Abuse programs to different location. • KCPT-did a half hour program on Mental Health funding. <p>Daniel Cayou</p> <ul style="list-style-type: none"> • Working on helping individuals in Psychiatric Hospitals get family members as guardians. <p>Scott Giovanetti</p> <ul style="list-style-type: none"> • BJC has partnered with St. Francis Manor to run a 8 unit cluster apartments • Community Counseling Center partnered with Diane's Boarding home-going from 20 beds to 16 beds. <p>Mary Horn</p> <ul style="list-style-type: none"> • Changes in the facility working on making things better for clients. <p>Barb Scheidegger</p> <ul style="list-style-type: none"> • Reported on attending a conference for Children. • Next year will be the 20th Anniversary for Children's Mental Health Week. Information is available on the DMH website. <p>Tish Thomas</p> <ul style="list-style-type: none"> • Doing Fidelity Reviews for Supported Employment. 11 sites are doing well. There are 3 more sites being added: Gibson Recovery in Cape Girardeau, and Burrell in | <p>This will be discussed at the June meeting. Members should bring personal stories to share.</p> |

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| Adjourn | <p>Springfield & Columbia. The average supportive employment success rates is 33%.</p> <p>Stacey Gilkey</p> <ul style="list-style-type: none"> • Having a carnival & zoo for Children's Mental Health Week. <p>Sarah Earll</p> <ul style="list-style-type: none"> • Barb, Stacey & Sarah helped to rewrite and update curriculum for Family Support Provider training to have similar language with the Peer Specialist training. • St. Louis Empowerment Center received a Transformation Transfer Initiative grant for St. Louis Empowerment Center, Behavioral Health Response & Places for People to deliver peer support crisis services. Missouri is one of eight states that received this grant. Behavioral Health Response has already agreed that they will continue these services even after the grant ends. • Toni Jordan is now at Behavioral Health Response as a Peer Specialist/Peer Liaison. She will provide follow up services to the individual after the crisis. <p>Denise Mills</p> <ul style="list-style-type: none"> • Burrell-ER Enhancement-preliminary report has very strong numbers to defer readmission. • Conference-Integration, Primary Care and Behavioral Health. Cherokee House will be at the conference. • Burrell hosted a training on Supportive Employment and Education for Transition Aged Youth Program . There was a lot of discussion around resiliency-what does it mean, what does it look like and how do you do it. <p>Susan Scott</p> <ul style="list-style-type: none"> • Real Voices/Real Choices is almost complete. • There are a few scholarships available. Application is on the DMH website. Closes on April 30th. • Donations are always accepted. <p>Mickie McDowell</p> <ul style="list-style-type: none"> • Doing Fidelity Reviews on the Consumer Operated Service Programs. <p>Motion to adjourn was made by Tish Thomas and seconded by Sarah Earll.</p> | |